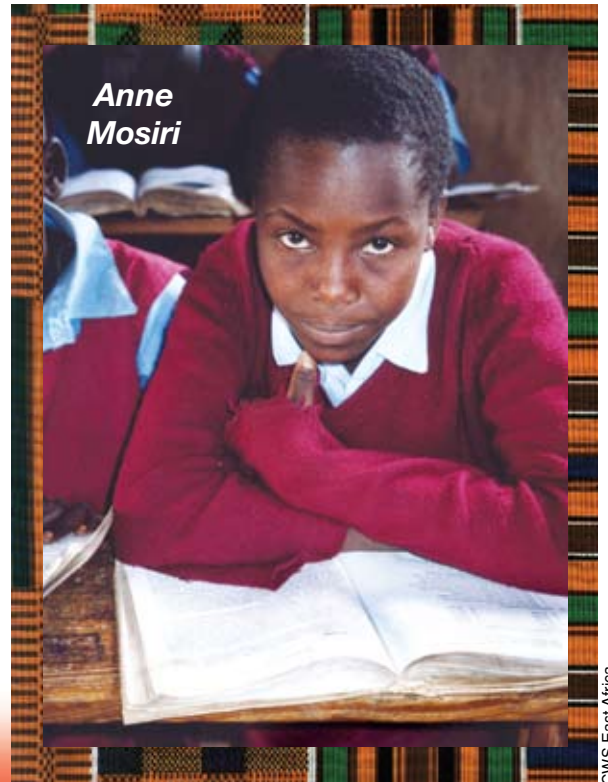


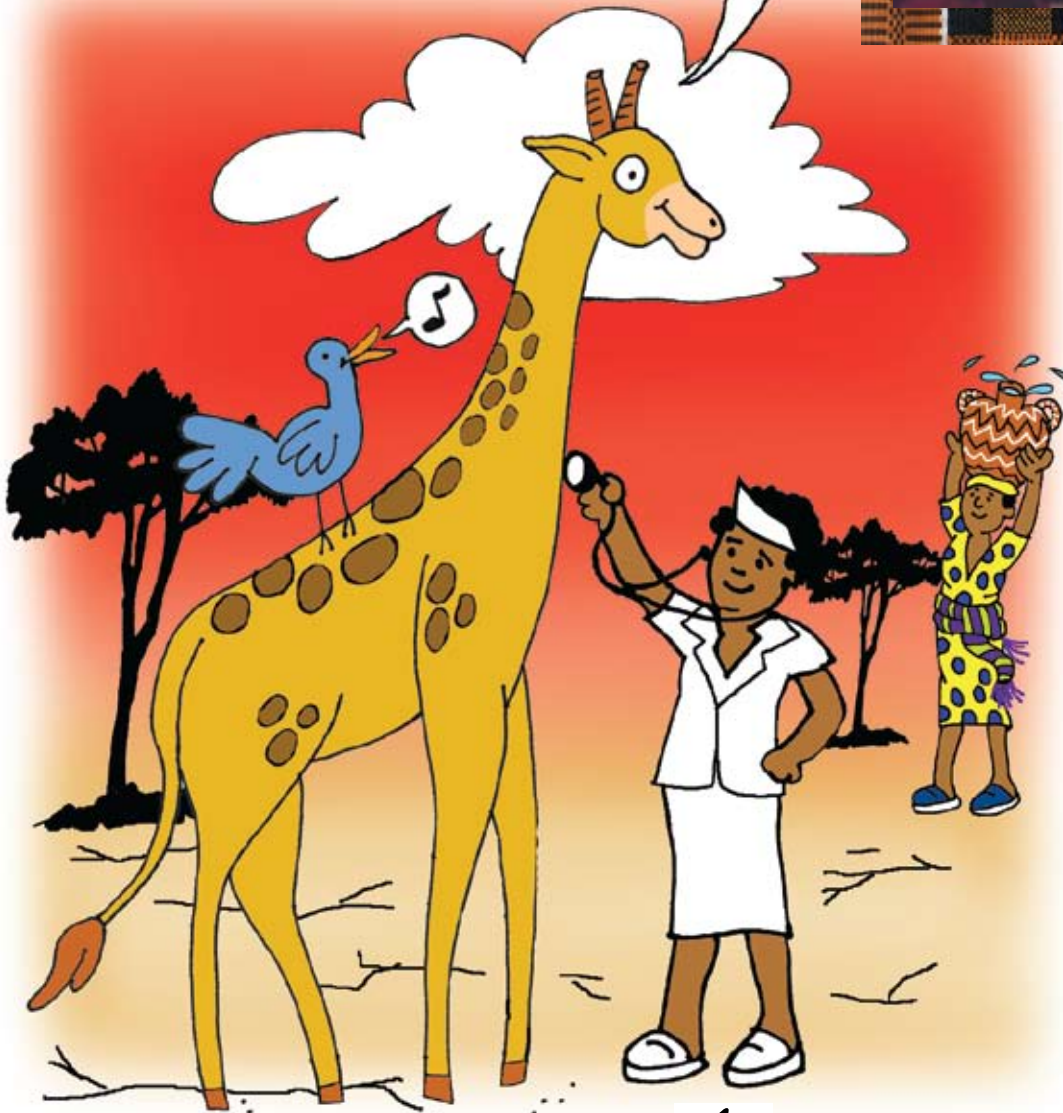
# JOURNEY TO KENYA

My friend Anne lives in a place where there is not enough water. She has a big job - carrying the water her family needs to their house every day. She has a big heart, too (like me!), and wants to be a nurse.



Anne Mosiri

CWS East Africa



1

## NOT ENOUGH WATER!

**T**he Rift Valley of Kenya in Africa often has long dry spells, or droughts. Fourteen-year-old Anne Mosiri lives in this valley with her parents, two brothers, and one sister. When it does not rain, life is hard for Anne's family. They are Maasai people, who depend upon animals for their living. When most of the family's animals died in a severe drought, there was no money for her to go to school and Anne had to stay home for a year.

Now Anne is glad to be back in Paranae School, even though it is a long walk from her home. The school building is small and simply furnished. Some students must sit on the floor or share seats because there are not enough desks and chairs for everyone. Because there is no water supply, each child must bring water from home for drinking or washing. The school has no electricity either. Animals graze on the school grounds and sometimes damage the schoolrooms because there is no fence around the school. With the help of Church World Service, the parents and teachers are improving the school by building a fence and planning a way to provide water to the school.



CWS East Africa

**Animals graze outside Anne's Paranae School.**

After school each day Anne has many chores. She milks the goats and chops wood for cooking and heating. But her biggest job is to carry the water for her family from a well over a mile from her home. Anne would like to study when her chores are done, but by that time it is getting dark, and they have no lamp. So Anne gets to school very early each day in order to study and to do her homework. She studies hard because she wants to be a nurse. "I want to help the sick and care for them," she says.

# SCRIPTURE

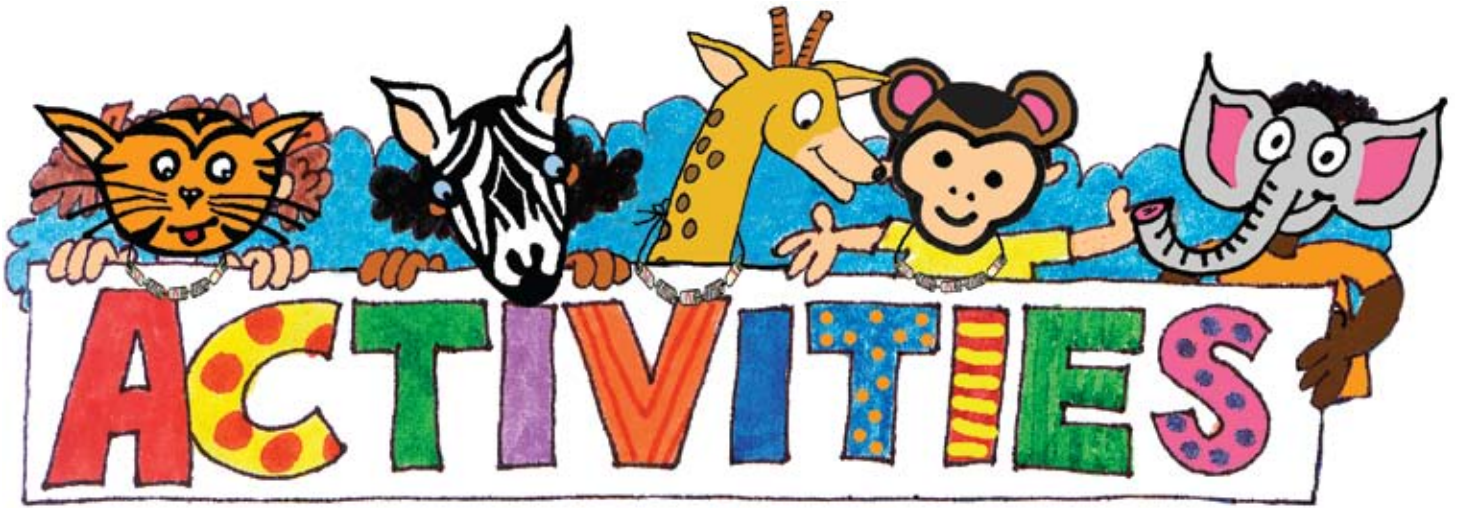
## Exodus 17:1-7

When the Hebrew people were escaping from the Egyptians through the wilderness, they had no water to drink. God told Moses to hit a rock with a stick. When he did, water ready to drink came pouring from it. *(Read the whole story in your Bible, Exodus 17:1-7.)*

Going without water made the Israelites angry with Moses and with God. Have you ever been really, really thirsty and had nothing to drink? How did you feel?

What do you think it would be like to live in a place that is often short on water? How is Anne's life different from yours?

How is Church World Service helping to make Anne's life better?



## 1. Where is Kenya?

Show the children where Kenya is on a world map or globe. Notice that it is a country in Africa. Have one child place a finger there.

Have another child place a finger at your town or state on the map. Notice how far apart the two are. Place a stick-on flag or dot on Kenya. **(Materials: globe or world map, stick-on flag or dot)**

## 2. Conversation About Water

Invite the children to name all the things that we use water for during an ordinary day. Be sure they

recognize that every bit of water from brushing teeth to boiling potatoes should be included. List their ideas on newsprint. Have them imagine how much water they would have to carry from a pump if they did not have running water in their homes. If possible, have buckets of water they can lift and try to carry around a course in the learning space. Ask, "How many trips do you think you would have to make to have enough water for your family?" **(Materials: newsprint or white board, buckets)**

## 3. CROP Hunger Walk Video

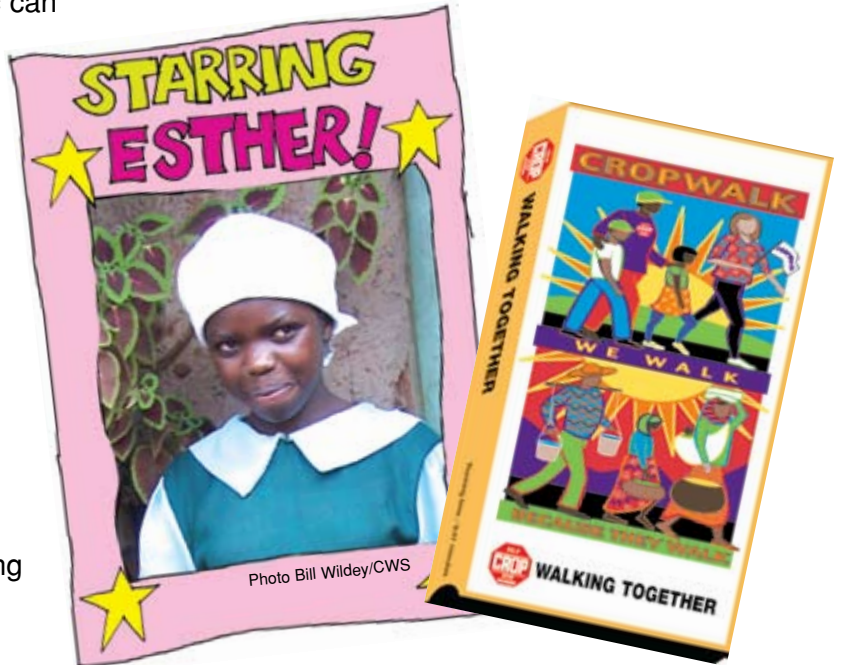
Show the video, "Walking Together," to the children. In it they meet another young girl from Kenya,

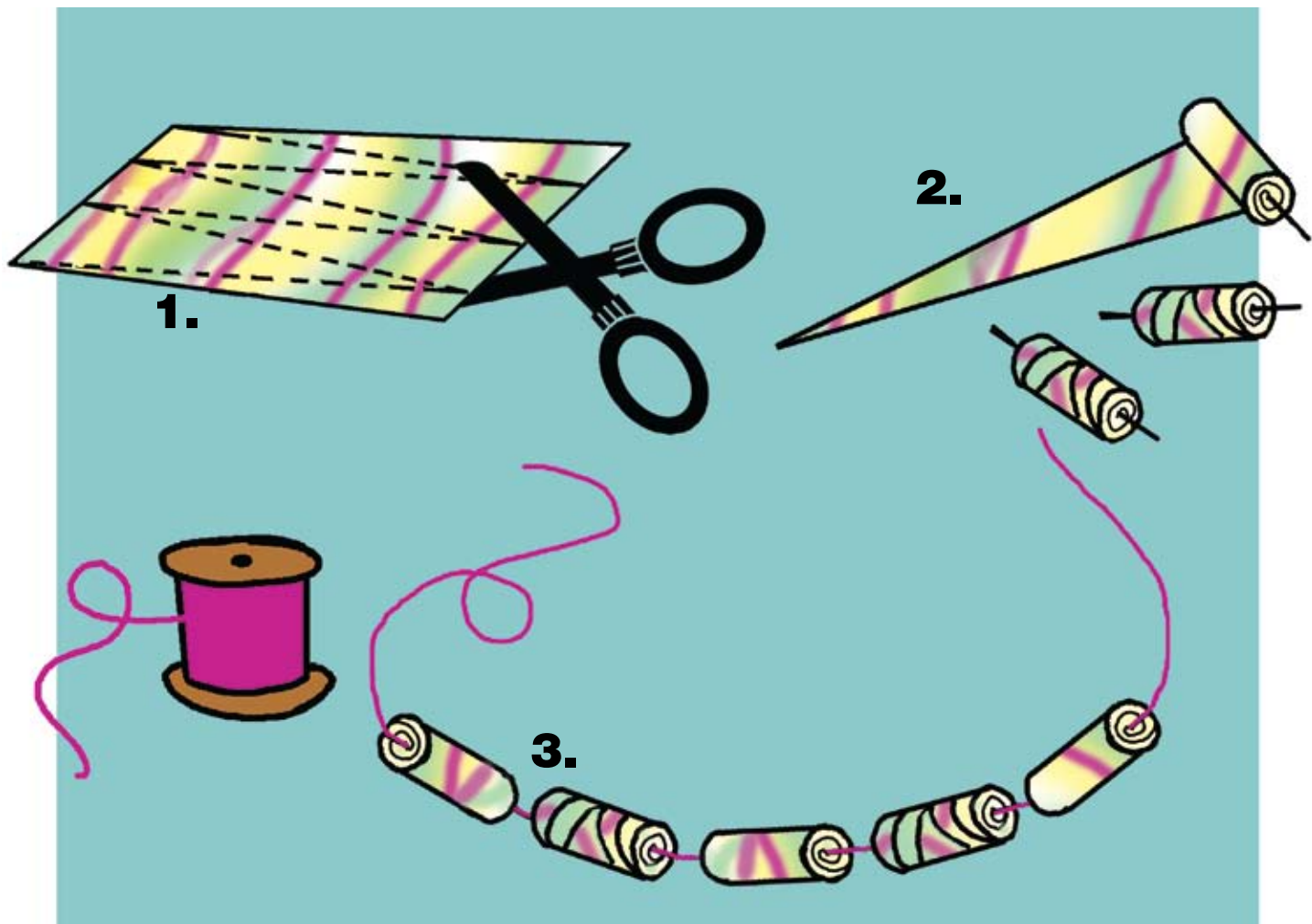
Esther, who walks to school and who gets the family's water supply. Talk together about how the lives of the children in the video are the same and how they are different from the children in your group. Sing together the song "Children of the World" (Sheet music can be downloaded at [www.cropwalk.org](http://www.cropwalk.org).)

If there is a CROP Hunger Walk in your community talk about how you might get involved. If not, organize a mini-CROP Hunger Walk to raise money to support CWS, getting sponsors from parents and members of the congregation. **(Materials: TV monitor, VCR or DVD player, copy of "Walking Together")**

NOTE: If you have questions about CROP Hunger Walks in your area, call your CWS Regional Office at 888-297-2767.

If possible, have the children sponsor a showing of the video to the congregation during fellowship time or whenever that might work best. Perhaps the children can make lemonade or a fruit punch to sell to earn money for CWS.





#### 4. Beads

The Maasai are known for their beadwork. Their beads are from many natural sources, such as animal bones. Have the children make paper beads to string for a necklace or some other use. Select magazine pages with bright colors. Mark the cutting lines as shown above. Cut the elongated triangles. Variations in triangle size are fine. Place a toothpick at the base of the triangle and roll it to wind the paper around it. Hold the paper in place and glue the tip of the paper in place. Remove the toothpick and let the bead dry. **(Materials: colorful magazine pages, toothpicks, glue)**

#### 5. Relay Game

This game might follow the conversation about water, and it is best played outdoors. Form two teams, or have everyone on the same team and see if they can better their group time on a second trip. Provide a clean half-gallon plastic milk jug of water for each team. Mark off the route to walk, which can be a straight line or a trail representing the way from the pump to the home. Then have the children take turns carrying the water jug on their head, trying to balance it. If it falls off, they can put it back on and keep going. If this is too easy, remind them that a falling water jug would mean a loss of water so they would have to go back to the pump to fill it again. **(Materials: clean half-gallon plastic jugs, materials for marking trail)**

#### 6. African Nutritious Snack

Groundnuts (or peanuts) are a staple of Kenyan food. Peanut butter sandwiches cut in wedges or peanut butter filled celery would be a good snack for this session. Be sure that you do not serve this snack to any child with a peanut allergy. If you prefer, substitute almond butter for the peanut butter, or provide a cream cheese alternative. **(Materials: celery, peanut butter or cream cheese)**



When water is scarce, it is very precious. Anne carries all the water her family needs each day. How many trips do you think she makes? How would you use water if you had to carry it to your house from somewhere else?



# EX-T-E-N-D YOURSELF THIS WEEK!

**Day One:** Beginning with the water you used to brush your teeth this morning, keep a chart of all the water you used today. How much water do you think your family used altogether? Estimate it in quarts. Donate ten cents to CWS for each quart your family used.

**Day Two:** When communities in the United States have a water shortage, it usually means limits on how much or when we can water our lawns or wash our cars. We still have plenty of water for drinking and washing. Talk to your parents about ways to save water in your home.

**Day Three:** On average, African and Asian women and children walk more than four miles to get fresh water for cooking and drinking. If you walked that far from your home, where would you be? Imagine walking that distance carrying a bucket of water.

**Day Four:** Go to [www.buildavillage.org](http://www.buildavillage.org) and click on "Activities and Games." Find the activities there related to water. Why is water so important to us?

**Day Five:** Anne wants to be a nurse so she can care for sick people. CWS helps people stay well after a disaster by giving them Health Kits. Each Kit contains a hand towel, washcloth, comb, metal nail file, soap, toothbrush, and Band-Aids and costs \$12. What can you do to earn money to contribute toward a Health Kit?

**Day Six:** Pray for people who live where there is not enough water, or who must travel a long way to have water that is safe to drink. What happens when there is not enough water?

**Day Seven:** People are often willing to help others if they know how to help them. What have you learned about how to help people in need?

## Carry the Water Home

Anne carries water from the pump to her home. Find her at the top of the maze with her big pail of water. Help her find her way home through the maze. The water pail is heavy, so find the shortest path.

